



The Hebridean Challenge

Presented by Giles Ruck at the Sixth Annual North American Scottish Leadership Conference at the Scottish Home in Chicago



The [Scottish Community Trust](#)'s chief money-making event is the Hebridean Challenge, which was established as a non-profit Trust in 2000/2001. The Hebridean (affectionally called The Heb) is an Adventure Sport Race in the outer islands of Scotland. Its aim is to benefit both the sport of AR and the islands on which it is conducted. As a bi-product, very substantial sums are raised each year for national and local charities.

Heb 2009 involves six days of fantastic racing on the Outer Hebrides from July 4-10. Starting on Skye and throughout each day, different combinations of team members are involved in hill running, mountain biking, road biking, swimming and sea kayaking. As well as the physical challenges, tricky navigation and complicated logistics exercise the competitors' brains, but each evening the race stops in a local community for a big home-cooked meal and a welcome night's rest. Teams of 5 or 4, and pairs, may race Skye, Harris, Lewis for 6 days. **For the first time ever**, there is now a 2-day (Sunday & Monday) challenge on Skye only, for land-based competitors to run and bike "Scotland's most charismatic island".

Entry forms can be downloaded from: <http://www.hebrideanchallenge.com/> April 1, 2009 entries due.

If any of our readers decide to enter this race, please take lots of pictures and let us know about it!



COSCA Bulletin #8 <http://www.cosca.net/ClaymoreBulletins>